

Dear ,

When you left you went so far away. Ten blocks away.

I know you felt abandoned by me. You felt I worked too much and did not take care of you. And maybe you wanted new experiences. Since you left, we have continued to count on each other as friends.

Now, I think a clean break is necessary.

Some days I feel like it would be better to keep you as a good friend. When we married, we became family. You are more than a friend or a lover. You really are a family member. And that's a bond that is hard to break. But I feel it's unhealthy to depend on each other. One of us is always getting hurt. When we are together, there are certain things that keep us apart. Maybe we're both selfish.

Sometimes my opinions change with my feelings. All I can say is that right now it's time for us to really be apart.

I'm sad. You're my husband and I love you. We love each other but we don't know how to be together.

Love,